

Elizabeth Dashiell

Dance Artist | Movement Specialist | Arts Administrator
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PROFESSIONAL PROFILE

A multidisciplinary dance artist and movement specialist with over 9 years of experience spanning international performance, pedagogy, and high-level studio operations. Expert in bridging somatic research with professional administrative oversight to ensure sustainable artistic growth.

PROFESSIONAL MOVEMENT & PEDAGOGY EXPERIENCE

Movement Specialist | Good Time Pilates, New York, NY | *March 2026 – Present*

- Provide 1:1 sessions for movement professionals focusing on functional movement, strength, injury prevention, and recovery
- Design and implement comprehensive training plans tailored to the specific physical demands of professional dance
- Develop and facilitate movement curricula focused on physical conditioning and career sustainability for professional artists

Dance Teacher | Encore Center for Performing Arts, Armonk, NY | *August 2025 – Present*

- Instruct students (ages 7-18) in contemporary dance technique and performance theory
- Foster a safe instructional space rooted in curiosity, community building, and self-expression

Movement Specialist | Bodycraft Pilates Studio, Brooklyn, NY | *September 2022 – May 2023*

- Handled marketing and execute rebooking skills to enhance client retention
- Worked one-on-one with clients focusing on functional movement, strength, injury prevention, and injury recovery
- Created short and long term goals for each client and developed comprehensive plans to achieve set goals

SELECTED PERFORMANCE HISTORY

- **Fabric on the Beach** | Mattie McGarey | Rockaway Beach, NY (2025)
- **Futile Ground** | Summation Dance | Gibney Dance, NY (2023)
- **Cracked Teeth** | BiteDown Collective | Center for Performance Research, NY (2022)
- **In Response: Jonas Mekas** | Vivian Vivas (with Claire Gendler) | Jewish Museum, NY (2022)
- **in the quiet of the wood** | Javier Padilla & The Movement Playground | Hostos Center, NY (2021)
- **The Blue Season** | BiteDown Collective | Center for Performance Research, NY (2020)
- **full, flock, folk, together** | Javier Padilla | Insitu Dance Festival/Socrates Sculpture Park, NY (2018)
- **Eating Daisies** | BiteDown Collective | Gibney Dance, NY (2018)
- **Restaging of Boat** | Andrea Miller (Gallim Dance) | Philadelphia, PA (2017)
- **Paramodernities Project** | Netta Yerushalmy | Philadelphia, PA (2017)
- **Pictograms** | Netta Yerushalmy | Théâtre de la Cité Internationale | Paris (2016)
- **Goldberg Variations** | Mark Haim | Philadelphia, PA (2016)
- **Restaging of Strict Love** | Doug Varone | Philadelphia, PA (2016)
- **You** | Jesse Zaritt | Philadelphia, PA (2015)

INTERNATIONAL PERFORMANCE & RESEARCH

Featured Performance: Paris, France

- **Pictograms** | Choreographer: Netta Yerushalmy | **Théâtre de la Cité Internationale**, Paris (2016)
 - *Selected for international tour and residency within the French choreographic landscape.*

Festivals & Intensives

- **Rooted in Motion** | Hugh Stanier and Vega Luukkonen | Berlin, Germany (2026)
- **Contact Improvisation Festival** | Karen Nelson, Lisa Nelson, and Jungwoong Kim | The Field Center, VT (2022)
- **David Dorfman Dance Workshop** | David Dorfman | New London, CT
- **Camping International Festival** | Min Tanaka | Centre Nationale de la Danse, Paris (2016)
- **Montpellier International Dance Festival** | Montpellier, France (2016)
- **American Dance Festival (ADF)** | Durham, NC (2015)
 - Restaging of *Story/Time* by Bill T. Jones/Arnie Zane Company.
 - Studied repertory of Shen Wei Dance Arts.

MANAGEMENT & ADMINISTRATIVE EXPERIENCE

Company Manager | BiteDown Collective, New York, NY | *June 2017 – Present*

- Coordinate complex productions involving 5+ departments including lighting, music, and theater design.
- Onboard and negotiate legal contracts for project-based performers and artistic collaborators.
- Organize fundraising events and manage donor cultivation to drive brand awareness and increase non-profit funds.

Operations Manager | Bodyworks DW Advanced Massage Therapy, New York, NY | *August 2017 – January 2025*

- Directed executive business support for the CEO, contributing to a documented 460% company expansion.
- Optimized scheduling logistics for 25+ therapists and 5+ associates to maximize operational efficiency and revenue.
- Executed bi-weekly payroll and budget conceptualization; sourced vendors to reduce annual overhead by \$5,250.
- Led full-cycle recruitment for 45+ hires, including job posting, screening, and new-hire orientation.
- Managed digital marketing across all social platforms and updated company website via WordPress to drive engagement.

EDUCATION

- **BFA in Dance** | University of the Arts, Philadelphia, PA | Dir. Donna Faye Burchfield (2017)
- **Certification in Pilates** | The Kane School (Kinected), New York, NY (2022)