

Elizabeth Dashiell

Dance Artist | Movement/Pilates Teacher | Studio Operations | Arts Administrator

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Languages: English (Native/Fluent) | German (A1 - Enrolling)

PROFESSIONAL PROFILE

I am a multidisciplinary dance artist, teacher, and arts administrator with nearly a decade of professional experience. I build practices for embodiment and accountability. I question who a given space is built for, inviting others to do the same and investigating how those structures can be cracked open. Movement is a site for sanctuary, community, and processing experiences that evade language. Performance, in turn, serves as a vessel for expansion, heightened sensitivity, and empowerment through vulnerability. When we intentionally take part in spaces based in connection, accountability, and curiosity, we grow our capacity for becoming. Our unfixed identities, when given time, space, and permission, naturally express; expanding and contracting in collaboration with those around us.

SELECTED PERFORMANCE HISTORY

- **Fabric on the Beach** | Mattie McGarey | Rockaway Beach, NY (2025)
- **Futile Ground** | Summation Dance | Gibney Dance, NY (2023)
- **Cracked Teeth** | BiteDown Collective | Center for Performance Research, NY (2022)
- **In Response: Jonas Mekas** | Vivian Vivas (with Claire Gendler) | Jewish Museum, NY (2022)
- **in the quiet of the wood** | Javier Padilla & The Movement Playground | Hostos Center, NY (2021)
- **The Blue Season** | BiteDown Collective | Center for Performance Research, NY (2020)
- **full, flock, folk, together** | Javier Padilla | Insitu Dance Festival/Socrates Sculpture Park, NY (2018)
- **Eating Daisies** | BiteDown Collective | Gibney Dance, NY (2018)
- **Restaging of Boat** | Andrea Miller (Gallim Dance) | Philadelphia, PA (2017)
- **Paramodernities Project** | Netta Yerushalmy | Philadelphia, PA (2017)
- **Pictograms** | Netta Yerushalmy | Théâtre de la Cité Internationale | Paris (2016)
- **Goldberg Variations** | Mark Haim | Philadelphia, PA (2016)
- **Restaging of Strict Love** | Doug Varone | Philadelphia, PA (2016)
- **You** | Jesse Zaritt | Philadelphia, PA (2015)

INTERNATIONAL PERFORMANCE & RESEARCH

Featured Performance: Paris, France

- **Pictograms** | Choreographer: Netta Yerushalmy | **Théâtre de la Cité Internationale**, Paris (2016)
 - *Selected for international tour and residency within the French choreographic landscape.*

Festivals & Intensives

- **Rooted in Motion** | Hugh Stanier and Vega Luukkonen | Berlin, Germany (2026)
- **Contact Improvisation Festival** | Karen Nelson, Lisa Nelson, and Jungwoong Kim | The Field Center, VT (2022)
- **David Dorfman Dance Workshop** | David Dorfman | New London, CT (2021)
- **Camping International Festival** | Min Tanaka | Centre Nationale de la Danse, Paris (2016)
- **Montpellier International Dance Festival** | Montpellier, France (2016)
- **American Dance Festival (ADF)** | Durham, NC (2015)
 - Restaging of *Story/Time* by Bill T. Jones/Arnie Zane Company. Studied repertory of Shen Wei Dance Arts.

TEACHING & PEDAGOGY

Dance Teacher | Encore Center for Performing Arts, Armonk, NY | *August 2025 – July 2026*

- Instructed students (ages 7-18) in contemporary dance technique and performance theory.
- Fostered a safe instructional space rooted in curiosity, community building, and self-expression.

Rehearsal Director | Bitedown Collective, New York, NY | *June 2017 – July 2026*

- Led somatic and technique-based warm-up sessions for professional company dancers.
- Taught, polished, and maintained company repertoire across multi-year performance seasons and evening-length works.
- Partnered with the Artistic Director to co-generate movement vocabulary, refine phrase work, and translate choreographic vision into clear physical execution.

Pilates Teacher | Good Time Pilates, New York, NY | *March 2026 – July 2026*

- Developed and facilitated Pilates classes focused on physical conditioning, empowerment and embodiment of the students.
- Provided one-on-one Pilates sessions focusing on functional movement, strength, injury prevention, and recovery.
- Designed and implemented comprehensive training plans tailored to the specific physical demands of each individual.

Pilates Teacher | Bodycraft Pilates Studio, Brooklyn, NY | *September 2022 – May 2023*

- Worked one-on-one with clients focusing on functional movement, strength, injury prevention, and injury recovery.
- Created short and long term goals with each client and developed comprehensive plans to achieve set goals.
- Handled marketing and executed rebooking skills to enhance client retention.

MANAGEMENT & ADMINISTRATIVE EXPERIENCE

Company Manager | BiteDown Collective, New York, NY | *June 2017 – July 2026*

- Coordinated complex productions involving 5+ departments including lighting, music, and theater design.
- Onboarded and negotiated legal contracts for project-based performers and artistic collaborators.
- Organized fundraising events and managed donor cultivation to drive brand awareness and increase non-profit funds.

Operations Manager | Bodyworks DW Advanced Massage Therapy, New York, NY | *August 2017 – January 2025*

- Trained staff on rebooking techniques to maximize client retention.
- Directed executive business support for the CEO, contributing to a documented 460% company expansion.
- Optimized scheduling logistics for 25+ therapists and 5+ associates to maximize operational efficiency and revenue.
- Executed bi-weekly payroll and budget conceptualization; sourced vendors to reduce annual overhead by \$5,250.
- Led full-cycle recruitment for 45+ hires, including job posting, screening, and new-hire orientation.
- Managed digital marketing across all social platforms and updated company website via WordPress to drive engagement.

EDUCATION & PILATES TRAINING

BFA in Dance | University of the Arts, Philadelphia, PA | Dir. Donna Faye Burchfield (2017)

Comprehensive Pilates Mat & Equipment Teacher Training | The Kane School (Kinected), New York, NY (2022)

- Completed full coursework and passed exams for Mat, Reformer, Cadillac, Chair, Barrel, and Spine Corrector.